

CANCER MASSAGE CLASS

August 27, 2008

For Immediate Release



CANCER MASSAGE CLASS FOR HEALTHCARE PROVIDERS

Charlotte, NC – Join Carolinas College of Health Sciences for an exciting new class on the benefits of Cancer Massage. The class is open to any health care practitioner who works with people experiencing cancer and will be offered on Thursday, October 23, 2008 from 8:00 am – 5:00 pm.

Presented by international speaker, counselor, and massage therapist, Vickie Torrey, MBA, MHA, LMBT, participants will learn not only about six common types of cancer, but also about current research that supports the benefits of cancer massage; indications and contraindications for cancer massage; integrative massage and bodywork modalities; and techniques for self-care and care providers. Cancer Massage is helpful for everyone!

Learn and practice a variety of touch therapy techniques that can be beneficial for people with cancer, including Swedish massage, reflexology, shiatsu, Trager work, cranio-sacral therapy, Esalen massage, polarity therapy, healing touch, and intuitive massage.

During the hands-on segment, participants will partner and perform light touch integrative massage techniques appropriate for hospice, hospitals, chemotherapy/radiation treatment sites, as well as their private offices. They will learn pre-surgical and post-surgical massage adjustments for cancer clients.

The fee for this course is \$150.00 and includes a 100-page training manual and numerous handouts, continental breakfast, lunch and certificate of completion. The course offers 0.8 CEU credits (8.0 contact hours from NCBTMB* and Carolinas College of Health Sciences).

Contact Susan Thomasson at 704-355-3921 or via email at susan.thomasson@carolinas.org for registration information.

Carolinan College of Health Sciences is accredited by the Southern Association of Colleges and Schools (SACS) Commission on Colleges to offer associate of applied science degrees, diplomas and certificates. Offered are programs in health care education leading to careers in nursing, surgical technology, radiologic technology, medical technology and emergency medical sciences, as well as individual classes in the sciences and liberal arts.

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*National Certification Board for Therapeutic Massage and Bodywork