



# CCHS NEWS

VOLUME 1, ISSUE 7

MARCH 2009

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## LAST CHANCE FOR GRADUATE PHOTOS

If you are graduating in May or December, 2009, you've probably already had your photo taken for the class composite. But if not, you have one final opportunity, paid for by CCHS. We've arranged for you to meet with the photographer in Room 240 on Monday, March 16, between 11 – noon. If you have not received notice of your appointment, contact Pat Lewis at 704.355.2029 or [pat.lewis@carolinashhealthcare.org](mailto:pat.lewis@carolinashhealthcare.org). In addition to a souvenir class composite, you'll receive a free individual photo, ideal for your application for state or national boards.



## ONLINE LIBRARY TUTORIALS NOW AVAILABLE AND CHARGES FOR PRINTING

Ever need a refresher on how to perform a search using EBSCO CINAHL of the AHEC digital library (ADL)? Would you like to know how you can perform a search and e-mail the results to yourself? Maybe you are not sure how to log into the ADL? The librarians at the AHEC library have created useful online tutorials with instructions on how to use different aspects of the ADL. These tutorials can be accessed at <http://www.charlotteahec.org/irc/resources/tutorials.cfm>. If you have questions that are not covered in these tutorials, you can also use the "Ask a Librarian" request that can be accessed at <http://www.charlotteahec.org/email/irc.cfm>. **Students should also know that, effective March 9<sup>th</sup>, the AHEC library will start charging 10 cents per page for printing.** The printers will be moved behind the front desk in the library and patrons will pick up their copies at the front desk. If you have any suggestions regarding library services, please feel free to contact Lori Lieving at [lori.lieving@carolinascollge.edu](mailto:lori.lieving@carolinascollge.edu)

## FINANCIAL AID UPDATE

Exit counseling is required prior to graduation, withdrawal, etc., if you participated in the Carolinas HealthCare System Educational Loan Forgiveness Program and/or the Federal Family Educational Loan Program (FFELP Stafford Loan) while matriculating at Carolinas College of Health Sciences (CCHS). **Surgical technology students graduating in May 2009 should plan to attend the March 30 session from 10 -11 a.m. In Rm 151.**

If you were unable to attend your session, please contact Jill Powell at 704.355.8894 or [jill.powell@carolinashhealthcare.org](mailto:jill.powell@carolinashhealthcare.org) or Lindsay Short at 704.355.5486 or [lindsay.short@carolinashhealthcare.org](mailto:lindsay.short@carolinashhealthcare.org) in the CCHS Financial Aid Office to set up an individual appointment. This exit counseling is mandatory and must be taken care of before you are cleared to graduate.

If you are planning to use Federal Student Aid (Pell Grant, Work Study, Stafford Loan) for the 2009 - 2010 academic year, now is the time to complete your 2009 -2010 Free Application for Federal Student Aid (FAFSA). This can be completed online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). You will need information from your 2008 federal tax return in order to complete the FAFSA. Be sure the Federal School Code for CCHS (031042) is listed.

Check your CCHS mailbox for your CHS Loan promissory note. Be sure to fully complete and return it **no later than March 6, 2009**. Completed prom notes can be placed in the mounted wooden box on the financial aid bulletin board in the student lounge area or brought to the CCHS Business/Financial Aid Office (Suite 208).

## SPRING COMPUTER LAB HOURS

Monday - Thursday  
8:00 am - 7:30 pm

Friday  
8:00 am - 4:30 pm

Saturday  
11:00 am - 4:00 pm

\*\*\*CLOSED SUNDAYS\*\*\*

**Closes at 4:30 when the college is open but there are no classes.**

## NEED TO BRUSH UP ON YOUR SKILLS?

The Carolinas Simulation Center is available to students in addition to scheduled usage during classes. Want independent practice with the IV Virtual Reality simulator? Want to review simulations discussed in class? Once you have completed your initial orientation on these simulators, you may use them at any time they are not already scheduled. Additionally, groups of four students can sign up to practice scenarios on Eli (SimMan) that are not included in your regular class-based simulation. Please contact Dawn Swiderski, the Coordinator of the Simulation Center, at 704.355.8260 or at [Dawn.Swiderski@carolinas.org](mailto:Dawn.Swiderski@carolinas.org) to schedule time with either simulator.

## INTERESTED IN A CLINICAL ELECTIVE NURSING COURSE?

Many current and past students have requested additional clinical time in specific areas of interest. The clinical elective course was developed to provide the student with that additional clinical time. In addition, the clinical elective will offer credit hours needed during the summer between end of intermediate courses and NUR 202. Interested nursing students who have completed all intermediate courses should contact Ms. Griffin at 704.355.5094. The decision to hold this class will rest on the number of interested students.

## HIPAA UPDATE\*

One of the nation's largest retail pharmacy chains, CVS, has agreed to pay the U.S. government a \$2.25 million settlement in addition to developing corrective action plans to ensure it does not violate HIPAA privacy rules. The major issue involves disposing of patient information such as identifying information on pill bottle labels. The investigation of CVS began after reports surfaced in the media, alleging that patient information, such as labels on pill bottles, were being disposed of in containers that were accessible by the public. Under the settlement agreement, CVS agreed to pay a \$2.25 million resolution amount and develop an action plan including policies and procedures, training employees on measures to protect patient information, and sanctions for employees who violate the policies.

**How does this apply to you?** We all need to be extremely vigilant in guarding patient information, whether the information is on a medication label, a piece of paper, or in a computer. When disposing of patient information, follow the Carolinas Healthcare System disposal procedure (PR.PHI.145.15)

**How can you find the disposal policy?** Go to Synapse, click on Administrative Policy and Procedure manual, then click on Patient Rights, then Privacy, then find the policy titled Disposal Procedures for Patient Information.

**Questions?** See Trish Campbell, our College privacy officer (Office 118 or [Patricia.Campbell@carolinas.org](mailto:Patricia.Campbell@carolinas.org)).  
**Stay HIPAA-minded and protect yourselves and our patients!**

**\*Information obtained from an article distributed by the OCR-Privacy-list listserv, operated by the Office for Civil Rights (OCR) in the US Department of Health and Human Services.**

## COMPLIANCE CORNER

This month the Compliance Corner takes a "Time Out." Students see many invasive procedures done in the clinical sites. In an effort to assure that the correct invasive procedure is being done on the correct patient, and involves the correct access site, the healthcare professionals in attendance must take a "Time Out." A time out means the team must stop and verify they are in agreement that they are with the correct patient, and attempting to do the correct procedure, involving the correct site. A Verification of Procedure form is filled out by an RN in attendance (found in Form Browser on Cerner) and a copy is printed and placed on the chart. This is in keeping with a Joint Commission requirement for patient safety goals. Be sure to be compliant and take a "Time Out."



## STUDENT OF THE MONTH

This month's winner is Otis Morgan. Otis has been a very involved member in the QEP initiative for the college's SACS reaffirmation process. Otis used his creativity to develop the "QUEST" (Question, Uncover, Evaluate, Synthesize, Think) acronym for the QEP initiative. He has also been instrumental in developing the QEP logo. Otis has made tremendous contributions to this project. On a more personal note, Otis recently moved back to Charlotte to attend CCHS after living in California for 10 years. While living in Hollywood he worked as an investment banker and for a large talent agency, Creative Artists Agency. He indicates becoming a nurse is bringing out who he was always supposed to be and believes it was his destiny all along. Please join us in congratulating Otis on this honor.

## STUDENT SUCCESS CENTER UPDATE

### Attention ALL May, 2009 Graduates! Mark your calendars for a HEALTH CAREERS JOB FAIR!

Human resources personnel from all NC & SC hospitals, including CMC and CHS regional facilities, have been invited to visit CCHS on Tuesday, **March 17**, from 2:00 - 5:00 pm.

### Have you checked the pulse of your academic progress this semester?

With the midterm fast approaching, are some studying interventions in order? Don't wait! Visit the Student Success Center (room 213) or call/email Nancy Watkins (704-355-4025/nancy.watkins@carolinashealthcare.org) to discuss study strategies and peer tutoring options.

Other resources available in the **Student Success Center**:

- study and time management handouts and ideas
- two quiet/small group study areas
- a computer for student use
- job placement information
- student PT/PRN employment assistance
- a listening ear and friendly support!

**Interested in being a Peer Tutor?** Come by room 213 to find out the details of this terrific program.

### Continuing Education Information Fair for Nursing Students

**Where:** Mercy School of Nursing  
701 B Forest Point Circle  
Charlotte

**When:** Tuesday, **March 24**  
11:00 – 12:30 pm

The following schools will be available to provide information and answer questions:

- Cabarrus College of Health Sciences BSN Program
- CMC Nurse Anesthesia Program/UNCC
- The College Network
- Gardner-Webb University
- UNC Charlotte, and

- Winston Salem State University

**Questions?** Contact Nancy Watkins, 704-355-4025 or Nancy.Watkins@CarolinasCollege.edu

**HR Representative in College Lobby:** Beatriz Rodriguez, HR representative for CMC, will be in our lobby from 10 am until noon on **March 2** to assist students seeking part-time or PRN positions. If you are interested, the first step is to complete your online application at [www.carolinashealthcare.org](http://www.carolinashealthcare.org). For further information, see Nancy Watkins or contact Beatriz directly: [Beatriz.Rodriguez@carolinashealthcare.org](mailto:Beatriz.Rodriguez@carolinashealthcare.org) or 704-355-1954.

### Job placement activities conducted by the New Graduate Placement Center:

#### Radiologic Technology

Mar 5, 12:30-2:00 pm Resume Writing/Interviewing Workshop, Room 174

Mar 23, 5:00-7:00 pm: Graduate dinner featuring CMC hiring managers, CCHS location TBA

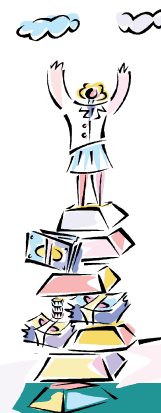
#### Surgical Technology

Mar 23, 5:00-7:00 pm: Graduate dinner featuring CMC hiring managers, CCHS location TBA

#### Medical Technology

Mar 18, 2:00-3:30 pm: Placement Orientation & Resume Writing/Interviewing Workshop, Rm 218

Mar 23, 5:00-7:00 pm Graduate dinner featuring CMC hiring managers, CCHS location TBA





## PHI THETA KAPPA UPDATE

Mark your calendars for the following events:

- 03/19 Service Project House of Mercy is a residential facility in Belmont, NC that houses individuals in the advanced stages of AIDS. PTK volunteers will be hosting a spaghetti dinner for the staff and residents. Individuals interested in participating will find additional information including a signup form on PTK's Moodle page.
- 03/20 Fellowship Event PTK BBQ @ Freedom Park. Members will be provided with additional details as we get closer to the date of the event.
- Don't forget that dates are still available to volunteer at the Emergency Winter Shelter on 4/15, 22 & 29 from 5:30 - 8:00pm each evening. We anticipate filling these spots quickly so any interested members should sign up ASAP. Signup forms are available on Moodle.

**We are happy to announce incoming PTK Officers for the 2009-2010 school year:** Danielle Fowler, President (Nursing Representative); Teri Hoke, President (Rad Tech Representative); Heather Johnson, Vice President; Terri Drum, Community Outreach Coordinator; Dulena Novello, Secretary, and Shika Barringer, Treasurer.

PTK recognizes and encourages the academic achievement of two-year college students and provides opportunities for individual growth and development through participation in honors, leadership, fellowship and service programming. Criteria for membership include a 3.25 cumulative GPA with at least 12 hours of coursework completed in either the Nursing or Rad Tech programs. If you have any questions, please contact Kristy Bochniak at [kristy.bochniak@cchsmail.org](mailto:kristy.bochniak@cchsmail.org).

\*\*A reminder to current members: Don't forget to consult the PTK site on Moodle for the latest news and information on upcoming events.

## STUDENT NURSES ASSOCIATION UPDATE

Thank you to all students/faculty/staff who donated items for the "Care Goods drive" for Charlottetown Manor. We donated over 200 items (**WOW!**) to the residents on Valentines Day, completing the first stage of our "Love is an Action" campaign.

Drum roll please...**The 2009 SNA T-shirts have arrived!** We will be selling them over the course of the next few weeks for at **\$10** apiece. Look for us in the school lobby!

For all **SNA** information, please log onto our frequently updated site on Moodle for announcements and sign-ups. Those of you interested in becoming an **SNA** board member check the Moodle site for information about the process!

## CCHS WELCOMES STUDENTS TO APG COMMITTEE

The Admissions, Progression and Graduation Committee would like to welcome our new student members, Terri Hoke, a rad tech student and Melani McNinch, a nursing student. The committee looks forward to their input in making APG decisions.

## OPEN FORUM

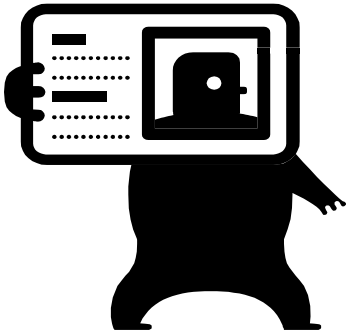
Dr. Ellen Sheppard, President of CCHS, conducts open discussion sessions once a month. Do you have an idea you wish to discuss? Is something bothering you? This is the perfect opportunity to be heard. Let's discuss how you are doing or if there is anything we can do to make your time here more enjoyable and successful. This month's open forum will be held on Monday, **March 23**, from 12:00 - 12:45 in room 137.



## SAFETY UPDATE

Is something on **FIRE**? Do you know what to do? (These steps apply to CCHS, not CMC.)

- Pull the closest fire alarm pull station.
- Start immediate evacuation in the area around you.
- Call **911** - Give them your NAME, address (1200 Blythe Blvd.), and let them know what's happening.
- SHUT your door!
- EVACUATE through the nearest exit and assemble across Blythe Blvd. or beside Loop Rd.



## WEAR YOUR BADGE

Do you know where your badge is? If you are anywhere on campus, it should be above your waist with the picture showing. Your badge identifies you as a student and enables you to access our campus. The safety of everyone in the building is important to CCHS and we need your help to accomplish this. Administration will be conducting spot checks in the next few weeks. Don't be caught without yours!



## Go Green Contest March 16<sup>th</sup>, 2009

We are combining Saint Patrick's Day with a **Go Green Costume Contest**. Student Life Committee will offer green food and candy treats during the day in the lobby. Put on your best Green (Recycle or Saint Patrick's Day) costume; Come by the front desk and get your picture taken or vote on your

**Favorite GREENIE!**

## ON-SITE TST CLINICS

TST (Tuberculin Skin Test) is required annually of all CHS employees and CCHS students in healthca4re program. Free TST's are available at CCHS and through CHS. A TST clinic for all CCHS students and staff will be held in the college lobby on **March 16** from 11:15 - noon. TST's will be available at the college during this time only but if you're unable to make it you can go to the employee health office across from the CMC ED for your free TST, M - F, 7:30 - 4:30.

## GREEN TIPS

### Did You Know?

1. Citrus rinds and vegetable peelings are better thrown in the garbage than down the disposal. That's because they readily biodegrade in the trash, and the water you waste while running the disposal is of greater ecological concern than the organic garbage you create.
2. The blue bins on the 100 and 200 hallways are for bottles (glass and plastic) and cans only. Please don't add paper or trash, and please, don't stuff trash into your water bottle. That prevents our recycling it.



## LEARN EVEN MORE!!!

### CCHS SPONSORED CLASSES

**Mar 10 & 24, 4:00 - 5:00 pm. *Student Services Information Sessions.*** Want to know more about our programs? Contact Joy Godwin at the front desk or call 704.355.5051 to sign up for the session of your choice. Check posted schedule for room locations. If you would like more information on our medical technology program, contact Betty Anderson, program Director, at 704.355.4275.

**March 25, IV Therapy Workshop,** Fee: \$50.00 per person (3.5 contact hours) Contact Lakisha Bennett, 704.355.2663 for more information.

*Coming in April....*

**April 16, Cancer Massage: Integrative Touch Therapies for Persons Experiencing Cancer.** Full 8 hour class. Fee: \$175.00, includes great resource notebook! (minimum 10 participants) Contact Lakisha Bennett, 704.355.2663 for more information.

### CHAPLAIN'S GRAND ROUNDS

Students are invited to attend a free, one-hour lecture hosted by the CHS Department of Pastoral Care. Location is in the main CMC auditorium across from the main ED entrance. This month's presentation will be held on **March 19** from noon - 1 pm and is entitled ***Use of Self at End of Life.*** Speaker will be Jim Pruett, PhD, CPE Faculty. Call 704.355.2218 with questions or concerns. Bring your lunch!

### CAROLINAS HEALTHCARE SPONSORED CLASSES (Topics/dates subject to change based on demand.)

CHS' Employee Assistance Program (EAP) is pleased to offer the following classes FREE to students, employees, spouses and dependents. CHS' EAP is designed to help you and members of your family with all types of issues - marital conflicts, job stress, emotional, alcohol and drug problems, and difficulties with children. Whatever the program, if you need help, call CHS' EAP. Space is limited so call early to register. To register, please call 704.355.5021 or 1.800.384.1097. All classes are held at the Charlotte EAP office unless otherwise indicated:

**Mar 3 & 10, 5:30 - 6:30 pm. *Couples Communication.*** Discover how to identify and meet the needs of your partner. Concord office.

**Mar 4, 12 - 1 pm. *Professional Communications.*** Obtain skills to enhance communication.

**Mar 4, 12 - 1 pm. *Professional Communications.*** Obtain skills to enhance communication. Monroe office.

**Mar 24, 5:30 - 6:30 pm. *Professional Communication.*** Obtain skills to enhance communication. Albemarle office.

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## QUALITY ENHANCEMENT PLAN UPDATE: WHERE ARE YOU ON YOUR QUEST FOR INFORMATION LITERACY?

### Question

What do I need to know? Can you narrow and focus your topic or question?

### Uncover

Where can I get the information I need? Are you familiar with Google scholar? Can you use the library database?

### Evaluate:

Have I found information that is reliable and accurate? Did you know that Wikipedia is not considered a scholarly source?

### Synthesize

Can I use the information to answer my question? Can you use information without plagiarizing?

### Think

Have I solved my problem or do I need to look for more information? How do you know when you have enough information?

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## IMPORTANT DATES TO REMEMBER.....

March 2	Beatriz Rodriguez, HR Representative, on campus
March 2 - 4	Spring I Final Exams
March 3	EAP class - <i>Couples Communication</i>
March 4	EAP class - <i>Professional Communications</i>
March 5	Rad tech resume/writing/interviewing workshop
March 6	CHS Loan Promissory Notes are due
March 9 - 13	SPRING BREAK - NO CLASSES
March 10	Full Spring Midterm
	EAP class - <i>Couples Communication</i>
	Student Services Information Session
March 16	Last make up day for 2009 graduates to get pictures taken
	Spring II Classes Begin
	Go Green Costume Contest
	Summer course schedule published
March 17	Health careers job fair
March 18	Med tech placement orientation and resume writing/interviewing workshop
March 19	Chaplain's grand rounds - <i>Use of Self at End of Life</i>
March 19 & 20	PTK service project
March 23	Rad, surg, and med tech graduate dinner
	Open forum with President Sheppard
March 24	Continuing education information fair for nursing students at Mercy SON
	Student Services Information Session
	EAP class - <i>Professional Communications</i>
March 25	<i>IV Therapy Workshop</i>
March 30	Surg tech exit counseling session
March 30 - April 3	Summer early registration