



Carolinan College of Health Sciences Newsletter

AUGUST 2011

COMPUTER LAB HOURS FOR AUGUST

Aug 1 - 5

Normal Lab Hours

Monday - Thursday

8A- 7:30P

Friday

8A - 4:30P

Aug 8 - 19

Monday - Friday

8A - 4:30P

Aug 6, 13, & 20

No Saturday Lab Hours

Aug 22nd

**Resume Normal
Lab Hours**

Mon - Thurs

8A-7:30P

Friday

8A-4:30P

Saturday

11A-4P

CLOSED Sunday

THEY DID IT!

The College would like to congratulate the 14 students who will graduate on **Aug. 5**. The School of Clinical Laboratory Sciences' Medical Laboratory Science Program and the School of Radiation Therapy (RTT) will each graduate seven students. These students have completed a year of intensive didactic and clinical training that has prepared them to achieve national certification and provide quality diagnostic



MLS Graduates Pictured L - R: Romona Henderson, Christine Meyers, Katie Schreiber, Brittini Hollingsworth, Kim Whitworth, Sarah Stonger, and Christina Gutierrez



RTT Graduates Pictured L - R (front row): Laura Balogh, Lenora Sayles, Linlee Khiaothongkhoun, Audrey Howard, Jessica Carter, Mason Beckett, and Jonathan Fletcher. Back row: Physics Professors Dennis Dugan, PhD and Jim Gaiser, PhD

information and care. We are confident that they are ready to make a difference in the lives of the patients they serve. Good luck, good bye, and make us proud!

OPEN FORUM WITH PRESIDENT SHEPPARD

Dr. Ellen Sheppard, President of CCHS, holds open discussion sessions once a month. Do you have an idea you wish to discuss? Is something bothering you? This is the perfect opportunity to be heard. This month's open forum will be held on Monday, **Aug 22**, 12:00 - 12:45 in room 137.



THEY MADE IT!



Regular readers are familiar with the cross-country bike trip CCHS student Karey Digh embarked on in June, and the ability to track his daily progress on Facebook, Twitter, and a WordPress blog. July's excitement included Colorado's mountains, Arizona's Red Rocks & Utah's canyons.



Starting point - the Atlantic.

Nearly as exciting: his blog was selected as WordPress's featured blog, exposing tenfold more people to Team Wooha's mission to raise funds and inform people of the water crisis in Ethiopia. After 62 days, they finally made it to San Francisco and the conclusion of their trek! For a running narrative of their adventures, click on this link <http://teamwooha.wordpress.com>.



Finish line - the Pacific.

Student of the Month



Karey Bruton

The College congratulates Karey Bruton, our August Student of the Month. In the last year, Karey has been a very active member of the Student Government Association and serves as its secretary. She regularly attends meetings, participates in college-wide events, and is known for her friendly and engaging personality. She grows her own herbs and vegetables and was instrumental in the success of SGA's first Wellness Fair in January. She loves to plug her favorite spot for coffee and French pastries....Amelies in NoDa.

Her nomination for this award, however, is the result of her recent display of caring, one of our core values, toward another student. A student was experiencing health problems and Karey jumped to her fellow student's assistance. Realizing the student might be dehydrated. Karey ran to the CMC to purchase Gatorade. She stayed with the student to ensure that she was not alone as she recuperated. Karey also made sure that this student had safe transit home. Karey's quick action and selfless behavior exemplify our core values and we are proud to name her our Student of the Month,

YOU ARE AMAZING!

Did you witness a someone doing a good deed? Was someone instrumental in helping you ACE that test recently? CHS makes it easy to say “thanks” in a special way to the student, staff, or faculty member who went out of his or her way to help you. You can send a WOW Card, supplies located in the lobby, nominate them for a Values in Action or KEIP (Key Employee Incentive Program) Award. The following students or staff were recognized recently for service above and beyond:

WOW Cards

Students:

Nursing: Karey Bruton, Barry Nance, Terri Reigner, and Kathy Stallard

Staff/Faculty:

Business Office: Jill Powell

School of Nursing: Lynn Jordan and Michele Pfaff



Student Services: Diana Bell, Joy Godwin, and Nancy Watkins

Alumnus: Anna Willard

Values In Action or KEIP

Nicki Sabourin, Katarina Coker, Beverly Martin, & Mary Parkman

FACULTY AND STAFF UPDATES

Congratulations to Dawn Swiderski, Coordinator, Carolinas Simulation Center, on the completion of her Master’s Degree. In the time that she’s been with CCHS, Dawn’s completed both a bachelor’s and a master’s degree, while simultaneously creating a well-respected and highly-regarded program of medical simulation at Carolinas HealthCare System.

Mary Rutledge, Faculty, School of Clinical Laboratory Sciences, Medical Laboratory Science Program, is leaving CCHS after many years teaching for our MLS program. Mary taught very specialized immunology content and typically was on campus only a few weeks a year, so you may not have known her. But her gentle, unassuming nature was treasured by all who worked with her. Kudos to her MLS teammates who are stepping up to the plate to master and assume the content areas she’s been teaching.

There are a couple of title changes: Dr. Lori Lieving’s is now the Dean of Assessment and Liberal Studies; Jim Jay’s title has been changed to Simulation Analyst.

And last but not least, Ruth Mihal is our new alumni coordinator and will start on August 22. This is a shared position with Mercy SON and with the medical education residency programs, and possibly in the future, with Cabarrus College. For the past eight years Ruth served as the executive director of the local Muscular Dystrophy Association so she brings rich fundraising and special events experience.



Dawn Swiderski



Mary Rutledge



Lori Lieving



Jim Jay

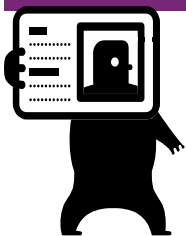
Important Dates to Remember...Details of the events below are found elsewhere in this newsletter.

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|-----------|--|--------|--|
| Aug 3 | EAP Workshop - <i>Back to School</i> | Aug 23 | Student Services Admissions Information Session |
| Aug 5 | MLS and RTT Graduation | Aug 24 | BLS Renewal Classes |
| Aug 8 | Basic Phlebotomy Skills Workshop | Aug 26 | Orientation to CHS Job Placement Process for Senior Nursing Students |
| Aug. 9 | Student Services Admissions Information Session | | Registration Drop/Add Ends |
| Aug 10 | IV Therapy Workshop | | |
| Aug 15/16 | New Student Orientation (Clinical) | | |
| Aug 18 | New Student Orientation (Non-Clinical) | | |
| Aug 21 | USA Today's Collegiate Correspondent Program Starts | | |
| Aug 22 | Open Forum with President Sheppard
Full Fall Classes and Fall I Classes Begin | | |

Save the Date!

- Sept 5 **HOLIDAY - COLLEGE CLOSED**
 Sept 12 HR Recruitment Specialist Tonia Watson on campus
 Oct 4 Job and Continuing Education Fair

SAFETY UPDATE



CCHS is committed to providing a safe and secure campus for staff, students, and visitors. For this reason, students are required to have a CHS-issued college ID badge, displayed above the waist, in order to be admitted to class. Those without name badges will be directed to the front desk where a “temporary” nametag will be issued for admittance to class. This “temporary” tag will not be acceptable for clinicals. Multiple violations may result in disciplinary action. Don't get caught without your ID badge!

CONTINUING EDUCATION OF INTEREST TO YOU!

CCHS Sponsored Classes:

Admissions Information Sessions - **Aug. 9 & 23**, 4:00 - 5:00 PM. Do you or a friend want to know more about CCHS' programs? Contact Joy at the front desk or 704.355.5051 to register for a session. Check posted schedule for the room. For information on our Medical Laboratory Science program, contact Kelly Shirley at 704.355.4275.

CPR/Life Saving Classes - Graduating soon & your certification about to expire? BLS renewal classes are offered at the college monthly for \$40. Come by Room 220 (on the 200 hallway, past the student lounge) or call Christy Dull at 704.355.5699. You'll need a current textbook; they've changed a lot! Books can be purchased from the CTC. Next class: **Aug. 24**, 4 -7 PM. Contact Christy Dull at 704.355.5699 or Christy.dull@carolinashealthcare.org for more information.

IV Therapy Workshop - **Aug. 10**. Choose one of two sessions: 8:00 am – 11:30 am or 12:30 pm – 4:00 pm, Cost: \$65. Senior nursing students are eligible to take this 3.5 hour continuing education workshop! Instructors are members of the CMC IV Team. Contact Lakisha Bennett at 704-355-2663 or Lakisha.Bennett@carolinas.org for more information

Basic Phlebotomy Skills - **Aug. 8**; Cost: \$120. Contact Lakisha Bennett at 704-355-2663 or Lakisha.Bennett@carolinas.org for more information

Carolinas Healthcare System Sponsored Classes - Employee Assistance Program (EAP)

Back to School - **Aug. 3**, Noon - 1:00 PM, 720 East Blvd., Charlotte. Hear tips for elementary school parents to manage time effectively with the demands of children returning to school. Space is limited so please call 704.355.5021 to register. **FREE** for CCHS students!

CHS EAP is designed to help you and members of your family with all types of issues - marital conflicts, job stress, emotional, alcohol and drug problems, and difficulties with children. Whatever the problem, if you need help, call CHS' EAP, 704.355.5021, for a private appointment or to register for a class.

STUDENT SUCCESS CENTER

FROM THE DESK OF NANCY WATKINS, STUDENT SUCCESS COORDINATOR

Why do students serve as Peer Tutors? - Flexibility! Tutors decide how much time they have and determine their availability.

- Review! Keeping past material fresh in your mind makes preparing for board exams less strenuous.
- Gifts! Peer tutors like CMC cafeteria passes not to mention parking in the "V" lot.
- Experience! This volunteer leadership opportunity looks great on your resume.
- Satisfaction! How rewarding to help other students achieve their goals!

Talk with Nancy now about becoming involved in the Peer Tutoring Program!

Looking for some interviewing tips? - Check out the job search resources on the Information Portal by clicking on *Student Resources* and then on *Student Support*.

Did you attend a biology review session this summer? If so, we need your help! - Student-led review sessions for BIO101 and 102 were piloted this summer. If you attended one or more sessions, please help us continue to improve our academic services for students by completing a very brief survey. It has been emailed to you, or you can access it via this link: <http://www.surveymonkey.com/s/LTDP2X3>

Study Tip for August - What can you be doing NOW to prepare for a successful fall semester?

- Get doctors' appointments and other personal business taken care of now.
- If possible, prepare to adjust your work hours around your study needs in the fall.
- Confirm child care arrangements.
- Complete a typical weekly calendar for the fall, including designated study times. You will find blank calendars in the Student Success Center and on the student support page of the information portal.
- Talk with your family or roommates about your fall schedule and anticipated demands. Would some alteration to your study regimen be a good idea? Consider making an appointment with the student success coordinator to discuss study strategies or make arrangements for a peer tutor before the semester begins.



Save the Date!

Job & Continuing Education Fair

Tuesday, Oct. 4, 2011

11:00-1:30 pm

As you plan your life beyond Carolinas College, don't miss this opportunity to talk with representatives from colleges and universities as well as human resources personnel from NC and SC hospitals. Mark your calendar!

Orientation to CHS Job Placement Process for Senior Nursing Students - We look forward to seeing Nursing 202 students on **Aug. 26** for a job placement orientation and interviewing workshop. Brandy Walker, Recruitment Specialist from the New Graduate Placement Center of CMC, will present valuable information, as will a number of CMC hiring managers. Please contact Nancy with questions.

PT/PRN Employment - Human Resources Recruitment Specialist, Tonia Watson, will not visit the college in August. Look for her in our lobby on Monday, **Sept. 12**, 10:00 – 12:00. Contact her at: Tonia.Watson@carolinashealthcare.org, **New Phone #: 704.631.0326**.

For more information or to talk with Nancy Watkins, stop by room 213 or call or email for an appointment. Nancy.watkins@carolinascollege.edu, 704.355.4025

YOUR CHARLOTTE AHEC LIBRARY



The construction on the Charlotte AHEC Medical Library is proceeding with current estimates putting the reopening at late August. An open house will be held in September. In the interim, both the College and the Library are prepared and eager to meet your learning resource needs. If you need help or any materials just call 704-512-6523 or email charlotteaheclibrary@charlotteahec.org.

Carolinas College of Health Sciences

Quick Reference Sheet

ADMINISTRATION

<p align="center">President Dr Ellen Sheppard Room 111, 704.355.5316 Ellen.Sheppard@CarolinasCollege.edu</p> <p>Assistant: Pat Lewis, 704.355.2029 Pat.lewis@CarolinasCollege.edu</p>	<p align="center">Provost Dr. Janice Terrell Room 212, 704.355.4305 Janice.Terrell@CarolinasCollege.edu</p>
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STUDENT SERVICES - SUITE 166

<p align="center">Dean Dr. Hampton Hopkins Room 164, 704.355.5585 Hampton.Hopkins@CarolinasCollege.edu</p>	<p align="center">Admissions Office Rhoda Rillorta/Nicki Sabourin Diana Bell/Joy Godwin 704.355.5051 Rhoda.Rillorta@CarolinasCollege.edu Nicole.Sabourin@CarolinasCollege.edu Diana.Bell@CarolinasCollege.edu Joy.Godwin@CarolinasCollege.edu Student Leadership, Organizations, & Support</p>	<p align="center">Registrar's Office Sue Roux Room 165, 704.355.6676 Sue.Roux@CarolinasCollege.edu Registration, Records, & Transfer Credit</p>
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BUSINESS, FINANCE, AND TECHNOLOGY - SUITE 208

<p align="center">Dean Kim Bradshaw 704.355.5584 Kim.Bradshaw@CarolinasCollege.edu</p> <p>Assistant: Martha Robinson Martha.Robinson@carolinashealthcare.org 704.355.5579 Online Bookstore, Refunds, Tuition/Fees</p>	<p align="center">Financial Aid Jill Powell 704.355.8894 Jill.Powell@CarolinasCollege.edu</p> <p>Ann Keathley 704.355.5486 Ann.Keathley@CarolinasCollege.edu CHS Educational & Federal Loans, Grants, & Scholarships</p>
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ADDITIONAL SUPPORT SERVICES

<p align="center">Charlotte AHEC Library Medical Education Building, 1st Floor 704.355.3129 Hours Due to construction, limited access in August. See article on page 3.</p> <hr/> <p align="center">On-line Bookstore http://direct.mbsbooks.com/carolinascollege.htm CCHS Logo Store: www.CarolinasCollege.edu</p>	<p align="center">Parking, Access Control & ID Badges Annex Building (behind the Med Ed Bldg., next to the ED) 704.355.3111</p> <hr/> <p align="center">Student Success Center Nancy Watkins Room 213, 704.355.4025 Nancy.Watkins@CarolinasCollege.edu Hours Monday - Friday 9:30 AM - 4 PM Tutoring, Placement, & Student Services</p>	<p align="center">Computer Lab Room 153, 704.355.7572 Normal Operating Hours* Monday - Thursday 8 AM - 7:30 PM Friday 8 AM - 4:30 PM Saturday 11 AM - 4 PM Closed on Sunday</p> <p align="center">*Evening & weekend hours subject to last minute changes; call ahead.</p>
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MISCELLANEOUS INFORMATION

<p align="center">Important Dates for Fall 2011</p> <table border="0"> <tr><td>Summer Classes End</td><td>Aug 1</td></tr> <tr><td>Summer Final Exams</td><td>Aug 2 - 5</td></tr> <tr><td>Program Completion & Awards Ceremony</td><td>Aug 5</td></tr> <tr><td>New Student Orientation (Clinical)</td><td>Aug 15-16</td></tr> <tr><td>New Student Orientation (Non-Clinical)</td><td>Aug 18</td></tr> <tr><td>Full Fall Classes & Fall I Classes Begin</td><td>Aug 22</td></tr> <tr><td>Registration Drop/Add Ends</td><td>Aug 26</td></tr> <tr><td>Holiday - College Closed</td><td>Sept 5</td></tr> <tr><td>Fall I Midterm</td><td>Sept 14</td></tr> <tr><td>Last Day to Withdraw - Fall I</td><td>Sept 23</td></tr> <tr><td>Fall I Classes End</td><td>Oct 7</td></tr> <tr><td>Fall I Final Exams</td><td>Oct 12-14</td></tr> <tr><td>Fall Break - No Classes (Administrative offices open)</td><td>Oct 17-18</td></tr> <tr><td>Full Fall Midterm & Fall II Classes Begin</td><td>Oct 19</td></tr> </table>	Summer Classes End	Aug 1	Summer Final Exams	Aug 2 - 5	Program Completion & Awards Ceremony	Aug 5	New Student Orientation (Clinical)	Aug 15-16	New Student Orientation (Non-Clinical)	Aug 18	Full Fall Classes & Fall I Classes Begin	Aug 22	Registration Drop/Add Ends	Aug 26	Holiday - College Closed	Sept 5	Fall I Midterm	Sept 14	Last Day to Withdraw - Fall I	Sept 23	Fall I Classes End	Oct 7	Fall I Final Exams	Oct 12-14	Fall Break - No Classes (Administrative offices open)	Oct 17-18	Full Fall Midterm & Fall II Classes Begin	Oct 19	<p align="center">Important Phone Numbers</p> <table border="0"> <tr><td>College's Main Number</td><td>704.355.5043</td></tr> <tr><td>College's Main Fax Number</td><td>704.355.5967</td></tr> <tr><td>CPR/ACLS/PALS</td><td>704.355.5699</td></tr> <tr><td>Disability Services</td><td>704.355.5585</td></tr> <tr><td>Employee Health</td><td>704.641.0206</td></tr> <tr><td>Garden Terrace Apts Mgmt (Duval Investments)</td><td>704.731.5560</td></tr> <tr><td>Human Resources (employment)</td><td>704.355.2101</td></tr> <tr><td>Inclement Weather</td><td>704.446.7854</td></tr> <tr><td>President's Office</td><td>704.355.5316</td></tr> <tr><td>School of Clinical Laboratory Sciences</td><td>704.355.4275</td></tr> <tr><td>School of Nursing</td><td>704.355.5343</td></tr> <tr><td>Radiation Therapy Program</td><td>704.355.6937</td></tr> <tr><td>Radiologic Technology Program</td><td>704.355.7688</td></tr> <tr><td>School of Surgical Technology</td><td>704.355.1547</td></tr> <tr><td>Security (CHS dispatch)</td><td>704.355.3333</td></tr> <tr><td>Security Escorts</td><td>704.355.2093</td></tr> </table> <hr/> <p align="center">Canteen Operating Hours Ms. V's is open Monday - Friday from 7:30 AM - 1:30 PM</p>	College's Main Number	704.355.5043	College's Main Fax Number	704.355.5967	CPR/ACLS/PALS	704.355.5699	Disability Services	704.355.5585	Employee Health	704.641.0206	Garden Terrace Apts Mgmt (Duval Investments)	704.731.5560	Human Resources (employment)	704.355.2101	Inclement Weather	704.446.7854	President's Office	704.355.5316	School of Clinical Laboratory Sciences	704.355.4275	School of Nursing	704.355.5343	Radiation Therapy Program	704.355.6937	Radiologic Technology Program	704.355.7688	School of Surgical Technology	704.355.1547	Security (CHS dispatch)	704.355.3333	Security Escorts	704.355.2093
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