



**Carolinan College of Health Sciences**  
presents

**Certified Nurse Aide Review Course**

**Choose one:**  February 16-17, 2012  April 19-20, 2012  June 21-22, 2012  Aug 16-17, 2012  
 October 18-19, 2012  December 6-7, 2012

**Time:** 8:30 AM – 4:30 PM both days

**Where:**

Carolinan College of Health Sciences, Rankin Education Center, CMC Campus (1200 Blythe Blvd., Charlotte 28232)

**Who Should Attend?**

Certified nursing assistants or previously certified nursing assistants wanting a review course on Nurse Aide I skills and updates in the program or nurse aides who need to be recertified or certified for the first time who have completed a state approved nurse aide program that meets Department of Health Service Regulation (DHSR) requirements.

**Goals:**

This course prepares students who need a review prior to taking the state exam for nurse aide I certification. The student must have completed a state approved nurse aide program that meets Department of Health Service Regulation requirements.

**Course Objectives:**

- Accurately perform all 24 skills required for the state exam
- Identify effective verbal and nonverbal communication skills
- Apply the basic principles of infection control
- Identify safety measures that prevent accidents to residents
- Explain the different types of abuse with examples of each and how to report instances
- Define a therapeutic diet and list 5 purposes of a therapeutic diet
- Identify common diseases and conditions
- Describe the nurse aide's role in keeping the resident's unit safe, clean, and conducive to overall health
- List the daily hygienic needs of an individual
- Explain the role of the nurse aide as it relates to the dying process
- Discuss the methods to prevent pressure ulcers
- Demonstrate basic restorative principles

**Registration Fee:** ONLY \$ 125.00 per person

**Faculty:**

Millie Alexander, RN, BSN  
Nurse Aide Lead Instructor  
Carolinan College of Health Sciences

**Parking:**

If you are on the CMC campus, please park in your assigned place and enjoy a short walk to the Rankin Education Center! If you are coming from off campus, you will receive a confirmation with the parking information prior to class.

**For more information, contact:**

Heidi Goss, RN, BSN  
Nurse Aide Program Coordinator  
Carolinan College of Health Sciences  
Phone: 704-355-0975 or  
Email: [Heidi.goss@carolinanhealthcare.org](mailto:Heidi.goss@carolinanhealthcare.org)

Carolinas College of Health Sciences  
Department of Continuing Education

Course Registration

- ★ Fax information: 704-355-5967 Attention: Lakisha Bennett
- ★ Scan/ email: Lakisha.Bennett@carolinas.org
- ★ Interdepartmental mail: Lakisha Bennett, CCHS, Rankin Building, Room 112
- ★ US Mail: Lakisha Bennett, Carolinas College of Health Sciences, 1200 Blythe Blvd, Charlotte, NC 28232

Certified Nurse Aide Review Course

*Please print*

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_

Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

*(Email is mandatory for confirmation)*

**Select Method of Payment:** *Please enclose payment with registration form to hold your place in the class.*

- Check \$ \_\_\_\_\_ (\$125.00/ person--amount enclosed: Make check to Carolinas College of Health Sciences))
- MasterCard       Visa
- Discover           American Express

**Credit Card Information:**

Account # \_\_\_\_\_

Signature \_\_\_\_\_

Exp Date \_\_\_\_\_

**Interdepartmental Charge: (Carolinas HealthCare Only)**

Manager's Name \_\_\_\_\_

Manager's Signature \_\_\_\_\_

Bus. Unit # \_\_\_\_\_ Dept # \_\_\_\_\_ Account # \_\_\_\_\_

**Work Location/ Department** \_\_\_\_\_

(CHS only)

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24 HOUR NOTICE OF CANCELLATION REQUIRED FOR A REFUND

If you need special accommodations according to the American with Disabilities Act, please contact the Student Services Department at 704-355-5043.

Carolinas College of Health Sciences is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (SACS) to award the Associate of Applied Science degree. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Carolinas College of Health Sciences.