



Carolinan College of Health Sciences
presents

**The Nurse's Role in Diabetes
Self-Management Education**

When: March 9, 2010

Time: 8:00a - 8:30a - Registration & Continental Breakfast
8:30a - 4:30p - Workshop; Lunch Provided

Where:

Carolinan College of Health Sciences, Rankin Education Center, CMC Campus (1200 Blythe Blvd., Charlotte 28203)
Room 190

Why:

Designed for nurses, this course offers nurses the cognitive and professional skills to enhance the care and education of the adult patient with diabetes. Topics include an overview of medications, exercise and medical nutrition therapy, treatment goals, acute complications, and discharge planning.

Participant Comments:

- Great handouts! Very informative.
- Excellent presentation!
- Both teachers were very knowledgeable and funny. The day was great, thanks so much.

Goal:

After completion of this program the nurse will demonstrate competence in providing care and education for the hospitalized adult patient with diabetes.

Workshop Objectives:

- Differentiate between the pathophysiology of Type 1 and Type 2 diabetes mellitus.
- Discuss the treatment of diabetes with insulin, oral and adjunct anti-diabetic agents.
- Prioritize the learning needs of the patient with diabetes based on admission assessment data.
- Develop a patient education session, based on adult learning principles, that correlates the relationship among medication, medical nutrition, and exercise for a patient with diabetes.
- Review management of the hospitalized patient who has diabetes.
- Describe the methods for treating acute complications unique to patients with diabetes, i.e., hypoglycemia, hyperglycemia/DKA, HHNKS, and sick day care.
- Evaluate a diabetic patient's need for additional education and resources upon discharge from the hospital.

Registration Fee: ONLY \$ 75.00 per person GREAT DAY FOR A GREAT PRICE!
(Includes Cont. Breakfast, Lunch, and CEU certificates)

Faculty:

Brenda Vasquez, MN, RN
Faculty, Carolinas College of Health Sciences

Alicia H. Anderson, MSN, RN
Faculty, Mercy School of Nursing

Parking:

If you are on the CMC campus, please park in your assigned place and enjoy a short walk to the Rankin Education Center! If you are coming from off campus, you will receive a confirmation with the parking information prior to class.

Continuing Education Credit: 0.7 HOURS

This course has been approved for 7 contact hours (0.7 CEUs) from the Carolinas College of Health Sciences.

For more information, contact:

Susan B. Thomasson, MEd., MT (ASCP) SH, LMBT
Director, Continuing Education
Carolinan College of Health Sciences
Phone: 704-355-3921 or
Email: Susan.Thomasson@carolinas.org

Carolinas College of Health Sciences
Department of Continuing Education

Course Registration

- ★ Fax information: 704-355-5967 Attention; Lakisha Bennett
- ★ Scan/ email: Lakisha.Bennett@carolinas.org
- ★ Interdepartmental mail: Lakisha Bennett, CCHS, Rankin Building, Room 112
- ★ US Mail: Lakisha Bennett, Carolinas College of Health Sciences, 1200 Blythe Blvd, Charlotte, NC 28203

Nurse's Role in Diabetes Self-Management Education

Please print

Name _____

Address _____

City/State _____

Zip Code _____ Phone _____

Email _____

(Email is mandatory for confirmation)

Select Method of Payment: *Please enclose payment with registration form to hold your place in the class.*

Check \$ _____ (\$75.00/ person--amount enclosed, payable to Carolinas College of Health Sciences)

MasterCard Visa

Discover American Express

Credit Card Information:

Account # _____

Signature _____

Exp Date _____

Interdepartmental Charge: (Carolinas HealthCare Only)

Manager's Name _____

Manager's Signature _____

Bus. Unit # _____ Dept # _____ Account # _____

Work Location/ Department _____

(CHS only)

Registration deadline: March 3, 2010

24 HOUR NOTICE OF CANCELLATION REQUIRED FOR A REFUND

If you need special accommodations according to the American with Disabilities Act, please contact the Student Services Department at 704-355-5043.

Carolinas College of Health Sciences is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (SACS) to award the Associate of Applied Science degree. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Carolinas College of Health Sciences.